



# CIRCLE OF FELLOWSHIP

## The First Universalist Society of Central Square

*A Unitarian Universalist Congregation*

3243 Fulton Street (Route 49, near Route 11)  
Post Office Box 429, Central Square, New York 13036-0429

Telephone: 315-668-6821

Church Web site: <http://centralsquareuu.com>

Our church building is handicapped accessible.

### Our Mission Statement

The mission of the First Universalist Society of Central Square is to be a welcoming, diverse congregation, which values spiritual growth and service to the local and world community.

Andrea Abbott, Student Minister 315-635-7122  
Rita Thornton, Music Coordinator 315-699-4824  
Robert Haskell, President 315-635-5294

The Rev. Libbie Stoddard, Minister Emerita 315-343-4352  
Ronna Schindler, RE Chairwoman 315-623-7685  
Nancy Hallock, Vice President 315-675-8357

JULY 2011

### STUDENT MINISTER SNIPPET

July. Say the month and images of red, white and blue, firecrackers, and picnics rush into my mind. The 4th of July, the glorious 4th, the day the Declaration of Independence was signed. But, if we were in France, July would mean Bastille Day, the 14th, the day on which the French Revolution is celebrated. Both revolutions celebrated liberty and, partial though both were, celebrated the idea of equality. Equality at least for white males who had a certain amount of property. Yes, both were incomplete in their ideas of liberty and equality, but both had at their roots some idea that the system of monarchy, rule by right of birth, was flawed.

We have seen many revolutions since then. The most recent, the passage of the Marriage Equality Act, takes a further step in bringing about full rights for all our citizens. Before any change in civil rights can occur, before the first march is marched, the first protest lodged, the first shot fired, the change in how people see themselves and others takes place in people's heads. Before people can begin to feel that they have rights, they have to see themselves as worthy of those rights.

We have a long history of support for the rights of all people. We have enshrined our belief in those rights in our principles. Our belief in the worth and dignity of all people has been a light to many. As we watch the parades and hear the speeches this glorious Fourth, let us be justly proud of the role of our denomination in furthering freedom and equality.

– Andrea Abbott

### THE REVEREND WEISSBARD TO SPEAK ON “THE POWER OF FEAR”

The Rev. David Weissbard has chosen as the topic for his sermon for the service at 10:30 a.m. on Sunday, July 3, “The Power of Fear.”

David writes. “Many of us were persuaded by the Freudians that Sex is one of the most powerful forces in our lives. Perhaps it is a sign of age, but I have become a doubter. This may seem a strange subject for the 4th of July weekend, but it seems to me that as a nation, we are impacted significantly in our personal and political lives by ‘The Power of Fear’. We’ll look at that on July 3rd.”

Note: Please have articles for the next newsletter to Bob Haskell by no later than NOON on THURSDAY, JULY 28. Bob would be grateful if everyone would not wait until the last minute. His e-mail address is [rhaskell@twcny.rr.com](mailto:rhaskell@twcny.rr.com).

## FIRST UNIVERSALIST SOCIETY ELECTS OFFICERS, APPROVES BUDGET

The congregation of the First Universalist Society of Central Square elected Robert Haskell as president for the 2011-2012 church year during its annual meeting on Sunday morning, June 6, 2011. He succeeds Mary Jane Garlow.

The congregation also elected Nancy Hallock, vice president; Cara Lajewski, treasurer; Winfield Ihlow, recording secretary; Ann Peterson, corresponding secretary; Betty Figie, registrar; Nancy Haskell, trustee for a 2-year term; and Mary Jane Garlow, trustee for a 3-year term. It was announced that Sean Tennant still had one more year to serve as trustee, that Nancy Haskell would succeed Beth Sonnacchio, who had said she did not wish to complete her term as trustee; and that Mary Jane Garlow would succeed Ann Peterson whose term as trustee had expired.

The congregation also elected as Nominating Committee members Steven Garlow for a 2-year term and Ellen LaPine for a 3-year term. It was announced that Marcia Burrell-Ihlow still had one year of her 3-year term to serve; that Steven Garlow would succeed Nancy Hallock, who had resigned as committee member; and that Ellen LaPine would succeed Winfield Ihlow, whose term as committee member had expired.

Those gathered also approved a budget totaling \$28,100 for the 2011-2012 church year as presented by outgoing Treasurer Chester Perkins. Among income, the budget estimates pledges and support at \$22,000 and building usage at \$2,300. Mr. Perkins said that estimated expenses for administration had been increased by \$700 over last year's proposal to \$11,150, that estimated expenses for building and grounds had been increased by \$500 to \$9,550, and that estimated contributions to the Unitarian Universalist Association of Congregations and its Saint Lawrence District had been increased by \$1,000 to \$2,000.

Reports included those by Andrea Abbott, student minister; Betty Figie, registrar; Ann Peterson, secretary-treasurer, UU Circle; Chester Perkins, treasurer; Patricia Cerro-Reehil, chairwoman, Spiritual Committee; Arnold Hook, chairman, Administration Committee; Nancy Hallock, chairwoman, Outreach Committee; Christopher Lajewski, outgoing chairman, Religious Education Committee; and Mary Perkins, Organizational Task Force.

Those present also approved the minutes of outgoing Recording Secretary Nancy Haskell for congregational meetings of June 6, June 13 and September 12, 2010.

Mary Jane Garlow served as moderator.

## BOARD SPLINTERS

President Janie Garlow informed members of the Executive Board, meeting in the dining room on Sunday morning, May 29, that Christopher Lajewski had resigned as chairman of the Religious Education Committee and that she had appointed Ronna Schindler to succeed him. The Executive Board approved the appointment.

Board members also voted to accept the resignation of Beth Sonnacchio, who had said she did not wish to complete her 2-year term as trustee.

Ann Peterson, secretary-treasurer of the UU Circle, said that she hoped all would go well for the community smorgasbord to be held from 4:30 until 6:30 p.m. on Saturday, June 4.

It was reported that a letter had been received from the Food Bank at Saint Michael's Church expressing its gratitude for food contributions from our congregation via the Downstairs Scottie.

Janie Garlow reported that repairs to the church as a result of damage caused by ice and snow during the recent winter had been completed by Jim Bundy and that he had been paid.

Janie Garlow reported that the church lawn mower was broken but that her grandson, Alec Panos, had mowed the lawn.

Steven Garlow said that he had the posts and would install two handicapped parking signs that week.

Janie Garlow reported that the Outreach Committee's participation in the Village of Central Square's Project Bloom spring project on Saturday morning, May 7, had gone well.

Ellen LaPine, Chalice Lighter ambassador, said that one additional person had signed up for the program when Chalice Lighter Sunday was observed during the morning service on May 1.

Janie Garlow reported that Rita Thornton, Patricia Hellinger, Andrea Abbott, Steven Garlow, Alec Panos and she had worked on the church lawn during the spring cleanup day on Saturday, May 21.

The Executive Board approved a list of active members.

The Board also approved a proposed budget for the church year 2011-2012 as presented by Chester Perkins. The proposed budget totaled \$28,100. The treasurer said that \$21,300 had been pledged in the recent Stewardship Campaign.

UU congregations covenant to affirm and promote acceptance of one another  
and encouragement to spiritual growth in our congregations.

### WELCOME, RAMSEY

It has been the custom in recent years to ask new members of the congregation to write a few facts about themselves to be printed in the newsletter.

Ramsey G. Ludington signed the church membership book on Membership Sunday, May 22.

Here is Ramsey's biographical contribution:

"I was born and raised in Fulton, NY. I have an older sister, Vivian, and a younger brother, John. I have a daughter, Marion, and a son, Spencer. I also have three grandchildren, Elizabeth, Carolyn and Julia. I was married to my wife Shirley for 42 years, and to my wife Janice for 10 years, both of whom have passed on.

"I retired several years ago, after practicing law in my hometown for more than 50 years. I spend most of my time at my summer home on Lake Ontario. I enjoy sailing my catch, Ramsey's Dream, gardening and doing maintenance and repair work around my properties in Fulton and on Lake Ontario. Although I was raised in the Methodist Church, I am looking forward to being an active member of the First Universalist Church of Central Square."

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### REILY MUMPTON OFF TO MARLBORO COLLEGE

(The following is a response by Reily Mumpton to the newsletter editor's inquiry about his high school graduation and plans.)

"Hi Bob,

"Thank you. We really appreciate the thoughtfulness. I am graduating and heading to Marlboro College, in the mountains of southeast Vermont. It's a (very) small liberal arts school and I am planning to study Film and Creative Writing. I'll have the opportunity to work with an independent New England director and producer on his upcoming film, and lots of opportunities to pursue my interests and passions in many directions. When I visited the campus in April, it reminded me of when I first started coming to church; everyone was so welcoming and friendly and truly made us feel like we were part of a family.

"The semester will begin in mid-August and I'm very excited, as are my mom and dad.

"Thank you again,  
"Reily"

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### "HELLO FROM PALM SPRINGS"

Janie,

First, allow me to express our thanks, appreciation and gratitude for the years of countless hours of dedicated hard work as the President of the Executive Board. Randy & I always look forward to receiving the FUSCS newsletter and have commented several times how the church has prospered under your experienced wise Stewardship. Mr Haskell does a great job with your newsletter. Our RV travel has us on many UU newsletter email lists and his newsletter ranks up there with "the best" in our humble opinion.

As everyone departs Central Square for their summer destinations we wish them safe travels. Your church continues to have a very special place in our hearts and we speak very fondly of it as we are asked our insight/opinion of what some of the best UU churches have been in our travels. On one of our return trips to Palm Springs we joined our UU church here, Unitarian Universalist Church of the Desert. At our induction ceremony Randy and I both recalled the experience at FUSCS we continue to cherish.

We would appreciate you passing on our comments to the congregation; if Bob feels it's appropriate, he has our permission, and we would be honored to have him include this email in one of his future newsletters. For those who may still recall us and our summer we had the pleasure of worshiping with everyone, please THANK them for creating such a loving and welcoming environment and atmosphere in the true UU style. A big hug to all from the both of us.

Fondly, Namaste,  
"You know, Those RV Guys," Randy & David Cater

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UU congregations covenant to affirm and promote a free and responsible search for truth and meaning.

UU congregations covenant to affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large.

### WE WILL WELCOME BACK BOB CLEVELAND ON JULY 10

The Rev. Dr. Robert Cleveland, who served as interim minister at our church during 2004-2005, will return to our pulpit at 10:30 a.m. on Sunday, July 10.

Bob received his bachelor of arts degree from Thomas E. Edison College in Trenton, New Jersey. He earned his master of arts and doctor of philosophy degrees in theology from Fordham University in the Bronx. He earned his pastoral certification from Salem Bible School in Brooklyn.

Bob was involved in children's ministry (1974-78), and later served as an instructor/administrator and then as an assistant pastor at a Christian Fellowship Church and Bible School (1978-86), as a fourth grade teacher (1986-87), as program coordinator for a statewide respite care program and foster care support program and as Protestant chaplain at St. Mary's Hospital in Passaic, New Jersey (1989-92). Bob attended Fordham as a graduate student from 1993 to 2000. Beginning in 2000, he served as an adjunct assistant professor of religion at LeMoyne College in Syracuse and Nazareth College in Rochester. Bob also acted as a professional tutor at Onondaga Community College.

After serving as our interim minister, Bob moved to North Carolina and later to Pennsylvania. In North Carolina he served as an adjunct lecturer at High Point University. Upon moving to Philadelphia he taught at Saint Joseph's University where he will be a visiting professor starting this fall.

Bob says he is looking forward to seeing everyone again.

### JULY 31 SERVICE TO FEATURE RALPH SINGH

Ralph Singh, of Gobind Sadan USA, a Sikh spiritual community, will be in the pulpit for the service at 10:30 a.m. on Sunday, July 31.

Ralph, who also chairs the Wisdom Thinkers Network, writes, "At age 22, I followed my inner Voice on a classic spiritual quest for Truth and came face to face with the One who appeared to me in a remarkable Vision in New York. His name is Baba Virsa Singh ji of Gobind Sadan, and He is one of the greatest spiritual beings to have walked this earth in recent history.

"I lived at Babaji's feet in India for six years where he taught me to follow the most difficult path of all – leading a spiritual life while fully engaged in the trials and challenges of everyday life: marriage and raising a family, running a business, and serving in community projects aimed at alleviating the problems of the world.

"One seminal event required me and our local community to put our faith on the line. Following September 11th, four teenagers torched our place of worship north of Syracuse, thinking we were Bin Laden supporters. We went public with a powerful statement of forgiveness that I delivered from Baba Virsa Singh which drove out the hatred and opened the door for healing. It galvanized the community.

"Now I'm a grandfather with two grown sons and my wife Joginder of 39 years. I have sold my primary business and devote most of my time through the Wisdom Thinkers Network giving voice to wisdom through sharing stories and creating roundtables to help reinforce the fabric of our society. Our Stories to Light Our Way project has begun to reach children in both secular and religious settings allowing them to learn how people all over the world teach values and connecting them to a voice for good.

"There is so much to be thankful for, so much to forgive, and so much to learn as we move along our path."

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### ANNUAL CHURCH PICNIC

It seems like a long time before the annual church picnic in September. It is a time when many of us return from our summer travels and camping. Our September picnic is a good time to catch up on all the news that we have missed during the summer months.

A date for the picnic will be announced soon.

– Ann Peterson, UU Circle

UU congregations covenant to affirm and promote the goal of world community with peace, liberty and justice for all.

UU congregations covenant to affirm and promote respect for the interdependent web of all existence of which we are a part.

#### GREEN MINUTE: ENERGYSAVERS.GOV

I just found a wonderful Web site that I want to share this month. It is the United States Department of Energy's "Energy Savers" Web site at [www.energysavers.gov](http://www.energysavers.gov). It gives you information for your home, for work, your vehicle, tax credits, rebates and more.

I concentrated on the energy audit and the things you can do yourself. That area gives you instruction in four categories: locating air leaks, insulation, heating and cooling equipment, and lighting. The site gives good practical information that anyone can do for little or no cost and gives you alternatives to more expensive fixes. Within each explanation there are key words that you can click on that will give you even more information about whatever you are researching.

Here's an example:

I believe that one of the areas in my house where I may still be lacking is insulation. I went to the "Your Home" tab, then to "Energy Assessments," then to "Do It Yourself." Within the information on insulation, "Vapor Barrier" was highlighted so I clicked on that and found very good information that I'll follow when checking my attic for proper insulation.

"Energy Assessments" is only one area you can visit. Navigating this site was extremely easy, and it was packed full of information. I highly recommend that you visit the site and snoop around. Save it to your favorites and go back to it every time you're interested in checking out ways that you can save energy as you consider changes around your home, work or with your vehicle, and you might just find a rebate to help you do it.

– Ellen LaPine  
Outreach (Social Justice) Committee

#### POTLUCK ON THE LAKE

Arny and Lucy Stieber have graciously offered their home on the lake in Pennellville for a potluck immediately after the church service on Sunday, July 17.

You are asked to bring a dish to pass and your lawn chair.

There will be printed directions at the church and in the next weekly announcements.

All are welcome to attend.

#### DRUM CIRCLE

We won't be having our drum circle in July. If you are looking for a drum circle to attend in July, check out the Women's Information Center on Allen Street, Syracuse; Liverpool Arts Center, the third Friday of the month; or Kellish Farm, Manlius, usually the fourth Saturday of the month.

If you are wondering just who attends drum circles, you will find a wonderful variety of folks. Our church drum circle has attracted people of all ages. We have friends from Syracuse in their mid-80s as well as drummers as young as 3 years old. Our drummers come from as far south as Fabius and Ithaca and as far

north as Fair Haven. We have belly dancers, a didgeridoo player and chanters.

We hope to see some of you at our August drum circle.

– Ann Peterson, adult programs,  
Religious Education Committee

#### RESCHEDULED VIDEO DISCUSSION GROUP

The Video Discussion Group will view the PBS program, "My Vietnam Your Iraq," when it meets in the Goettel Room at 7 p.m. on Friday, July 15.

The Vietnam War polarized the United States in the 1960s; decades later, U.S. involvement in Iraq initiated its own discord. But "My Vietnam Your Iraq" connects these two wars with less attention paid to divisive politics, choosing instead to focus on the personal stories of eight Vietnam veterans whose own children have served in Iraq.

Again, we plan to have supper before the discussion group at the Akropolis Restaurant on Route 11 in Central Square. Please let Janie Garlow know at [mjgarlow@aol.com](mailto:mjgarlow@aol.com) or at 315-436-2238 by Thursday, July 14, if you plan to attend so that she may make a reservation a day ahead.

The living tradition which Unitarian Universalists share draws from many sources, including direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life.

The living tradition which Unitarian Universalists share draws from many sources, including words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love.

## FIRST UNIVERSALIST SOCIETY IN THE COMMUNITY

Although the First Universalist Society of Central Square is a small congregation, its members have participated in a number of community activities during recent years:

1. Donations of food and non-perishable items for the Downstairs Scottie and the food bank at Saint Michael's Church
2. Adopt-a-Highway cleanup along Route 11 (three times during the past year, this being the fifth year of participation)
3. Spring tree care of mulching, pruning suckers and inspecting trees planted by the Central Square Project Bloom (this year being the third year of participation)
4. Meeting place for:
  - a. Alcoholics Anonymous
  - b. Oswego Satellite Office of ARISE Child & Family Service, Inc.
  - c. Oswego County Board of Cooperative Educational Services (BOCES) for its General Educational Development (GED) class
  - d. Project Bloom's Holiday Gathering in December.
  - e. Central Square Community Blood Drive for the American Red Cross on Monday, April 6, 2009.
5. Community programs
  - a. Presentation of the DVD of the National Religious Campaign Against Torture at the Baptist Church on March 20, 2010.
  - b. Hydrofracking program at our church on April 29, 2011
6. Apple Fest booth (book sale planned this September)
7. Smorgasbord suppers (roast beef suppers, in the past, not recently)
8. Random Acts of Kindness donations (several requests for gasoline money; contributions to two families whose homes were damaged by fires)
9. Mittens, hats and scarves for Lions Club Christmas baskets
10. Live concerts (in the past, not recently)

### COFFEE AND CHAT

Women and men of the church will gather for Coffee and Chat at Panera Bread on Route 31 in Clay at 9:30 a.m. on Wednesday, July 20.

All are welcome to join in casual conversation and to enjoy coffee or tea and other goodies.

The women's and men's groups meet separately.

For more information about the women's group, you may contact Nancy Haskell.

For more information about the men's group, you may contact Chet Perkins.

### RANDOM ACTS OF KINDNESS

Random Acts of Kindness is our congregation's program to financially assist those in need, whether church members/friends or people in the wider community.

Finances are provided by the congregation through

a special once-a-month offering, normally on the first Sunday of each month. Random Acts of Kindness envelopes are found on the back of the pews.

The next Random Acts of Kindness will be observed on Sunday, July 3.

The fund is administered by the student minister and two appointed lay persons.

### RECYCLE YOUR MAGAZINES

The Outreach (Social Justice) Committee is asking you to bring magazines to the church dining room on the first Sunday of each month so that you may exchange them for others.

Nancy Hallock, committee chairwoman, will continue the recycling process by passing on any magazines that are left to the Public Safety Building Jail in Syracuse every two or three months.

The living tradition which Unitarian Universalists share draws from many sources, including wisdom from the world's religions which inspires us in our ethical and spiritual life.

The living tradition which Unitarian Universalists share draws from many sources, including Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves.

## PRESIDENTIAL REFLECTIONS

Dear Friends,

In this first reflection as your church president, I want to thank several of those who served as officers during the past year.

Mary Jane Garlow deserves the gratitude of everyone for her hard work as president. I believe that Janie held that position for the past four years. Janie believes in the church very much. She spent countless hours doing the church's "business" -- whether it was leading Executive Board meetings, sending and answering phone calls and e-mails, greeting church "regulars" and newcomers with a warm smile, providing and serving refreshments for the social times, and maintaining contact with denominational officials. The list could go on and on. Janie's husband Steve once said that she would be working on church business in the middle of the night.

A second person greatly deserving of praise is Chester Perkins. Chet retired this June after many years as treasurer. Chet was cleverer than any of the other officers -- he found and trained someone to take his place. I understand that Chet has held every job in the church at least once, and sometimes more than once, during his 50-plus years as a member. He still makes the coffee every Sunday morning, checks the thermostat, picks up the mail and offers sage advice to all. Many of the people in the church -- including this writer and his wife -- are in the church because of Chet's encouragement.

Ann Peterson, who completed her three years as trustee in June but who will now serve as corresponding secretary, wears many hats. She is secretary-treasurer of the UU Circle and leader of adult programs for the Religious Education Committee. She takes the food contributed to the Downstairs Scottie from our church to the Food Bank at Saint Michael's Church each month. Ann is greatly responsible for the Drum Circle that regularly meets at our church once a month. I am sure there are many other things that Ann does in her own quiet manner of which few are aware.

Betty Figie deserves the praise of all. Betty served as registrar during the past year, and agreed to serve again this year. This "awesome" -- her own word -- lady does many things for the church without attracting much attention -- whether it is providing wreaths for the front doors, paying for the bench in the Memorial Garden on the rear lawn of the church, or baking refreshments for the social hour and potlucks.

Ellen LaPine has retired as corresponding secretary. Ellen deserves praise for her thoughtful notes of gratitude to those who contributed to the well-being of the church. She also kept the list of postal and e-mail addresses and telephone numbers of church members and friends up to date. That was no easy task. Ellen continues to be active in the Outreach (Social Justice) Committee; I am sure you are all aware of her monthly "Green Minute" articles in the newsletter.

The trouble with singling out anyone for special praise is that someone just as deserving is overlooked, and is hurt as a result. I am sure that I am guilty of committing that oversight here. And for that, I apologize.

Bob

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## RESPONSE FROM THE SURVEY

The Rev. Libbie Stoddard and I put out a church survey recently. Many of you have taken the time to give us your feedback. Thanks to all of you. If you did not fill out a survey, you can still do it. More copies of the survey form will be on the table in the East Room.

The response that we have received so far has been very positive. One theme that came across from most of you is that you would like to have more opportunities to get together and have time to know each other better. As a commuter church, this can prove to be challenging. You suggested more potlucks, some brunches and informal gatherings. With gasoline prices, as well as time being considerations, many of you would like to meet on Sundays when you are already at church.

Libbie and I want to thank all of you for your feedback and we want to remind you that you can still fill out a survey.

– Ann Peterson, adult programs, Religious Education Committee

The living tradition which Unitarian Universalists share draws from many sources, including humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.

The living tradition which Unitarian Universalists share draws from many sources, including spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

### RETURN THOSE BOTTLES

You may continue to help the environment and make money for the Outreach (Social Justice) Committee by leaving your returnable bottles at the church.

Nancy Hallock, committee chairwoman, is returning deposit bottles and cans for the committee treasury.

Please remember to participate in this ongoing fundraiser.

### DOWNSTAIRS SCOTTIE

The Executive Board has designated the second Sunday of each month as the date for the collection of food for the Downstairs Scottie. The Outreach (Social Justice) Committee will later take the contributions of food to the Food Bank at Saint Michael's Church.

The committee will continue to accept non-food items for the Downstairs Scottie on the second Sunday of each month and at all other times. Such non-food items include soap, detergent, bathroom and facial tissues, toothpaste, and the like. The collection box is in the church dining room. Remember the Downstairs Scottie as you shop.

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### JULY CALENDAR

3 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by the Rev. David Weissbard. Sermon topic: "The Power of Fear." Random Acts of Kindness Sunday. This is also the once-a-month Sunday on which everyone is asked by the Outreach (Social Justice) Committee to bring magazines to the church dining room so that you may exchange them for others.

10 – 9:30 a.m., Choir practice. 9:30 a.m., Outreach (Social Justice) Committee meets in the dining room to consider studying water as a global problem. 10:30 a.m., Worship service led by the Rev. Dr. Robert Cleveland. This is also the once-a-month Sunday on which everyone is asked by the Outreach (Social Justice) Committee to donate food items for the Downstairs Scottie, which later will be taken to the Food Bank at Saint Michael's Church.

14 – 8:30 a.m., Spiritual Committee meets in the church dining room.

15 – 5:30 p.m., Supper at the Akropolis Restaurant. 7 p.m., Video Discussion Group meets in the Goettel Room to view "My Vietnam Your Iraq."

17 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by Andrea Abbott, student minister. Immediately after the service, a potluck will be held at the home of Arny and Lucy Stieber on the lake in Pennellville.

20 – 9:30 a.m., Coffee and Chat at Panera Bread, Route 31, town of Clay.

24 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by the Rev. Libbie D. Stoddard, minister emerita.

31 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by Ralph Singh of Gobind Sadan USA.

### CHANTING AND MEDITATION

Anyone who is interested in chanting and meditation is invited to contact Tim Hart at [timhart@a-znet.com](mailto:timhart@a-znet.com) or at 315-439-2541.

### REMINDERS

If you have an announcement you would like to be included in the church's weekly e-mail announcements, please send it to Janie Garlow at [mjgarlow@aol.com](mailto:mjgarlow@aol.com) by 5 p.m. on Sundays. Earlier submissions would be appreciated.

Copies of Max Coots's book, "Leaning Against the Wind," are available for purchase at \$13 each.

We have audio CDs of most of the current Sunday sermons. These may be borrowed for your listening enjoyment.

Please help spread the word to anyone without e-mail. Thank you.

Visit our church Web site at <http://www.geocities.centalsquare/>